| Institute | Sport | football 11-a-side | | | football 6-a-side | | | football 7-a-side | | | golf | | | kart | | | shooting | | | archery | | | badminton | | | volley mixed | | | volley | | | Beach Volley | | | basket | | | Petanque | | | inline skating | | | Triathlon | | | Athletics | | | Trail Running | | | open water swimr | | | swimming | | | tennis | | | table tennis | | | cycling | | | mountain bike | | | Bowling | | | Chess | | | Ultimate Frisbee | | | Rowing | | | Mountain Walk | | | | | Institute |
|---|---|---